

The Alex Community Food Centre

Weekly Schedule



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Volunteer Food Prep 9am—12pm</p> <p>Our Relationship with Money 1-4pm</p> <p>Page to Stage Spoken Word Poetry 6-8pm</p> <p>FoodFit Alumni 6-9pm</p>	<p>International Ave Kitchen 2—4:30pm</p> <p>FoodFit 6—9pm</p>	<p>Drop-In Community Lunch 12—1pm</p>  <p>Youth Hub: What Feeds Us 4:30—7pm</p>	<p>FoodFit 9:30am—12:30pm</p> <p>Gardening Programs Coming Soon!</p> 	<p>Drop-In Affordable Produce Market & Café 10—12pm</p> <p>Kids in the Kitchen 2—4pm</p>	<p>Healthy on a Budget 11am—1:30pm</p> <p>Community Action Training 1—4pm</p>
<p>Drop-in for a meal or the market to learn more!</p> <p>Registration is ongoing. Programs are prioritized for people living on low-incomes.</p>					